



دي بي اس - مدرسة مونارك الدولية

DPS-MONARCH INTERNATIONAL SCHOOL

SCHOOL HEALTH POLICY

The aim of our health policy is to make children, parents, and staff aware of health and safety issues and to minimize the hazards and risks to enable the children to thrive in a healthy and safe environment.

DPS Monarch International School believes that the health and safety of children is of paramount importance. We make our pre-school a safe and healthy place for children, staff and parents.

Aim:

To make children, parents and staff aware of health and safety issues and to minimize the hazards and risks to enable the children to thrive in a healthy and safe environment.

RISK ASSESSMENT:

Our risk assessment process;

1. Checking of hazards and risks indoors and outside, and in our activities and procedures.
Our assessment covers adults and children.
2. Deciding which areas need attention; and
3. Developing an action plan that specifies the action required the time scale for action, the person responsible for the action and any funding required.

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MONITORING AND INSPECTION:

1. Growth monitoring of students every term.

Vision Screening:

Every year, there will be a vision screening for students. Vision screening serves to identify children who may otherwise have no outward symptoms of blurred vision or subtle ocular abnormalities that, if untreated, may lead to permanent vision loss or impaired academic performance in school. Furthermore, there is some evidence that myopia has increased among children during the pandemic. Personal prevention practices and environmental cleaning and disinfection are important principles to follow during vision screening, along with any additional guidelines from local health authorities.

INDIVIDUAL CHILDS ASSESSMENT:

There is direct link between a child's health and their ability to learn, therefore when you enroll your child we ask for information about your child's well-being. Health assessment form provided by the school upon enrollment should be filled and submitted. It is also important to tell us of any changes to your child's health. This information will be kept confidential.

INJURY PREVENTION:

Children have little or no idea of danger. It is our responsibility to ensure they are safe. We will check the School constantly to ensure a safe environment.

It is most important you clearly hand your child over to a staff member each day so we know we are responsible from that point in time.

No matter how careful we are, accidents do and will happen. We will ensure that at least one member of staff, who is a medical personal/nurse is in the school at all times.

IN THE EVENT OF AN INJURY OR ILLNESS:

The nurse will assess the injury;

1. If the injury is minimal, first aid will be given and an incident report will be completed. Child will be sent back to class with the teacher.
2. If injury is minor, first aid will be given and parents may be called to collect the child. The name of the parent and time when the child was taken to home will be recorded.
3. If the injury is serious, the Nurse will;
 - a) Attend to the child.
 - b) Medical assistance / ambulance will be called.
 - c) Inform Principal / HM/ Coordinator.
 - d) Parent or Guardian will be notified as earliest as possible.

- e) Call the ambulance and accompany the child to the hospital
 - f) Return to school once parents take over.
 - g) Report back to Principal / Coordinator / Administrator.
 - h) Accident report will be completed.
4. The Nurse will maintain a daily record of all students who reported sick and visited the health room in the incident register (daily record book).
 5. The Principal / Coordinator must check the daily record at the end of each week.

SICK CHILDREN

Our School has a well-equipped health room to care and provide first aid for sick children. We will do everything we can to comfort a child who has become sick at School. However, to try and prevent the spread of disease, please monitor your child's health and watch for;

- Runny nose
- High temperature
- Diarrhea
- Red, swollen or discharging eyes
- Sneezing
- Vomiting
- Rashes
- Irritability, unusually tired or lethargic.

Please **do not** bring your child to School if they display any of the above symptoms.

INFECTIOUS DISEASES

In the cases of infectious illness, please notify the School immediately.

IMMUNIZATION:

It is Health Department regulation that records be kept of your child's immunization status. You will be asked to provide this before your child begins School.

Any child who has not been immunized will be excluded from attending School in the event of an outbreak of a vaccine preventable disease.

EXCLUSION

If your child contracts an infectious disease they may not attend School. Following is a list of disease which requires exclusion. These exclusions apply to staff and children.

Condition	Exclusion Period
Acute Conjunctivitis	Until eye is no longer red and is free of discharge
Chicken Pox	Exclude for at least 5 days after the spots first appear and until all blisters have formed scabs
Coughs, Colds and Influenza	Until child looks and feels well. If prescribed antibiotics, 24 hours after the first dose. During flu epidemic, we will be advised by the Public Health Unit
Diarrhea (including Cryptosporidium, Rotavirus, Salmonella and Shigella)	Until 24 hours have passed since first normal stool
Hand Foot and Mouth Disease	Until blisters have dried
Hepatitis A	Until 7 days after jaundice has appeared
Measles	Until 4 days after the onset of the rash. Unimmunized contacts are to be immunized within 72 hours of contact with a case or they be excluded for the duration of the outbreak
Rubella (German Measles)	Until 4 days after the rash appears. Pregnant women should seek medical advice
Tuberculosis	Re admit on advice from Public Health Officer
Vomiting	12 hours after last vomit
Whooping Cough	Until 5 days from commencement of treatment. Unimmunized contacts excluded 14 days
Parasites and Pests which are easily spread and require exclusion	
Head Lice	Until 1 day after treatment has commenced
Ringworm	Until 1 day after treatment has commenced
Scabies	Until 1 day after treatment has commenced
Worms	Until worming has been given

Criteria for Child Staying Home – Symptom List

Symptoms / Illness	Child May Attend	Child Should Stay Home
Diarrhea	Child has had one loose motion without other physical symptoms before coming to the center.	Diarrhea is accompanied by additional signs of illness (fever, runny nose, vomiting,

		irritability, lack of appetite, lethargy)
Colds and Runny Nose	<ul style="list-style-type: none"> * Clear runny nose with no other symptoms. * Clear runny nose caused by teething or allergy 	<ul style="list-style-type: none"> * Runny nose with fever, lack of appetite, lethargy or irritability. * Runny nose that is yellow or green unless there is documentation by a physician that the child is not contagious. * Runny nose plus vomiting. * Runny nose plus other signs of illness
Fever	Child may return after fever has broken for 24 hours	Child's temperature is 101F orally, 102F rectally, 100F auxiliary
Ear Infections	Child may return when on medication and 24 hours after constitutional symptoms are gone	Fever, or lethargy, nausea, vomiting, loose stools, drainage, irritability, tugging on ears
Eye Infections	Child must be on medication for 24 hours and have no drainage before returning to Children's corner	With yellow or green drainage
Cough	Dry cough with no mucus secretion or vomiting	<ul style="list-style-type: none"> * A wet, wheezy cough with mucus secretion. * With Vomiting
Vomiting	When symptoms have subsided for more than 24 hours	<ul style="list-style-type: none"> * With Fever * More than 2 times in 24 hours. * No urine output in 8 hours. * Recent history of head injury. * Looks or acts very ill
Skin infections or Rash	<ul style="list-style-type: none"> * Child may attend with dry lesions. * If accompanied by a fever or behavior change, until a physician determines that these symptoms do not indicate a communicable disease 	<ul style="list-style-type: none"> * Skin infections or rashes with drainage. * Accompanied by a fever or behavior change

Lice, Scabies or other Parasites	Child may not return to the school until appropriate treatment and shampoo is complete	
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- If your child shows signs of illness or infection while at the school, the parent will be contacted and the child will be removed from the play areas until he/she is picked up. Parents will be asked to pick up their child immediately, or to designate another adult to pick up the child.
- Children must be free of symptoms for 24 hours before returning to the school.

This is for the protection of the recovering child whose resistance is low and is just getting well

INFECTION CONTROL

The age and learning nature of children means that infectious diseases are easily transmitted in a children school. The simplest form of infection control is hand washing. Detailed description of hand washing procedure is on display in the children's bathrooms.

HYGIENE

We aim to provide a clean and hygienic environment for the children and staff, which minimize the spread of infection.

HYGIENE PROCEDURE

1. Hand hygiene:

- Use liquid soap
- Use paper towels
- Ensure staff and children wash hands when needed, e.g., when visibly dirty, after using the toilet, sneezing or blowing nose, after contact with blood/bodily fluids, before and after handling food, before and after changing nappies/handling potties, before and after dressing a wound, giving any medication, after touching any potentially contaminated surface (e.g., drains, cleaning cloths, etc.)
- Supervise children hand washing and demonstrate good hand washing, taking into account children's developing independence.

2. Toilet hygiene:

- Toilets should be checked regularly and disinfected and cleaned where necessary.
- Toilet flush handles, taps, door knobs and waste bins should be cleaned and disinfected regularly.
- Encourage children to tell staff if the toilet/washroom is dirty.

3. Cleaning:

- Disposable toilet wipes to be used for cleaning. If cloths are used, they must not be re-used in other parts of the school.
- A separate mop (clearly marked) to be used for the toilet area. If mops are used to clean up bodily fluids, they must be disinfected and dried as soon as possible.
- Wash hands after cleaning

ADMINISTERING MEDICATION

Nurse will only administer medication if the parent has signed permission for them to do so. You must fill out the Medication Form and give the medication to your child's teacher.

Do not leave medication in your child's bag.

Record Keeping:

The following records are maintained:

Children

- Names, addresses and telephone numbers of parents and adults authorized to collect children from pre-school.
- The names, addresses and telephone numbers of emergency contacts in case of children's illness or accident.
- The allergies, dietary requirements and illness of individual children.
- The times of attendance of children, staff, volunteers and visitors.
- Accidents and medicine administration records.
- Consents for outings, administration of medication, emergency treatment.
- Incidents.

Staff:

- Names and addresses of all staff on the premises, including temporary staffs who work with the children or who have substantial access to them.
- Names and addresses of the owners and staff.
- All records relating to the staff's employment with the school, including application forms, references, results of checks undertaken.

SMOKE-FREE ZONE

Our School is a smoke-free zone.

PARENT PERMISSION (CONSENT) FOR MEDICATION:

I hereby grant permission to
..... to give my
child,.....
.....the above medication prescribed by his/her doctor.

I understand that it is my responsibility to maintain an adequate supply of medication, inform the school of changes in dosage, frequency of administration, or discontinuance of medication. Changes must be accompanied by a doctor's signed note.

Furthermore, the School may at its discretion decline to administer medication to a student.

Signature of the Parent / Guardian.....

Date:



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FIRST AID RECORD

Date:

Time In:

Time Out:

Name of the Student: _____

Grade: _____

Gender M F

Reasons to visit: _____

First Aid given: _____

Signature of the Nurse

Signature of the Teacher



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MEDICAL EXAMINATION FORM 2022 - 2023

Applicant's Full Name:

Joining Academic Year:

Joining Grade/Year Group:

Pre Admission ID:

"No Photo
Uploaded"

APPLICANT'S INFORMATION

Last Name:

First Name:

Middle Name:

Mother Tongue:

Special Education Needs, status:

Current Residential Address:

Gender:

Date of Birth:

Age as on(31st Dec):

National ID Number:

Country of Birth:

GUARDIAN INFORMATION

First Emergency Contact:

	Guardian 1	Guardian 2	Guardian 3
Full Name:			
Relationship with child:			
Mobile Number:			

HEALTH DETAILS

Height(cm):	Weight(kg):
Diet habit:	Blood Group:
Health Card Number:	Hearing Disabilities:
Allergy Details:	Vision or hearing difficulties:
Health Problems:	Physical Restrictions:
Daily Prescribed Medication:	Special Medication:



APPLICATION FOR ADMISSION

DOES THE CHILD HAVE ANY ILLNESS HISTORY WITH THE FOLLOWING DISEASES?

INFECTIOUS DISEASES

Chicken Pox

Diphtheria

Dysentery

Infective Hepatitis

Measles

Mumps

Poliomyelitis

Rubella

Scarlet Fever

Tuberculosis

Whooping Cough

NON INFECTIOUS DISEASES

Accidents

Allergies

Bronchial Asthma

Congenital heart disease

Diabetes Mellitus

Epilepsy(fits)

G6PD

Nocturnal Enuresis

Rheumatic Fever

Surgical Operations

Thalassemia

ADDITIONAL INFORMATION

Date of Examination:

Signature of the Parent